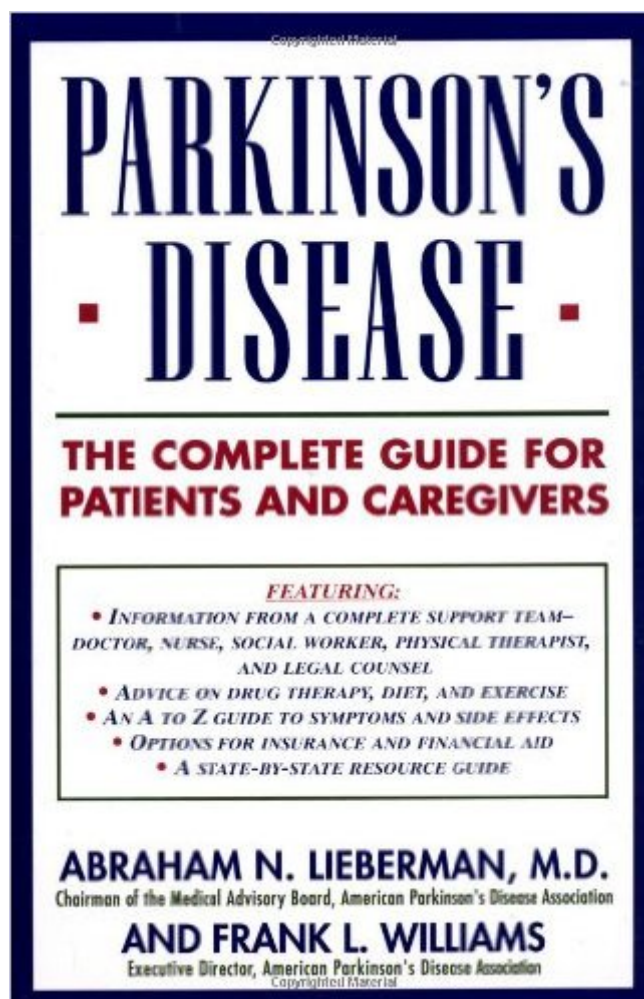


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# Parkinson's Disease: The Complete Guide For Patients And Caregivers



## Synopsis

Personal, accessible, informative. A guide for Parkinson patients and their caregivers that addresses the body and the spirit. Written by an expert team of health-care professionals-including a neurologist, a social worker, a nurse practitioner, a physical therapist, and an attorney/financial planner-this guide takes every aspect of living with chronic degenerative illness into consideration. You will find the answers to your most urgent questions: -How can I overcome the functional limitations of Parkinson's disease? -What are the pros and cons of various medications commonly used to treat Parkinson's? -Why is it important to stay fit and eat right despite the limits Parkinson's disease may put on my body? -What are some of the breakthroughs in alternative treatments? -What can I do to better cope with the psychological and emotional issues inherent in living with Parkinson's? -As a caregiver, how can I best juggle a program of care for a loved one and still find time for myself? -What insurance options and other forms of financial aid are available and how can one protect one's assets and life savings from long-term illness? Parkinson's Disease, which features an A to Z Guide to Symptoms and Side Effects and a state-by-state Resource Guide, will help you and your family succeed in your struggle to lead an easier and more fulfilling life.

## Book Information

Paperback: 272 pages

Publisher: Touchstone; 1 edition (February 1, 1993)

Language: English

ISBN-10: 0671768190

ISBN-13: 978-0671768195

Product Dimensions: 5.5 x 0.7 x 8.4 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #1,190,684 in Books (See Top 100 in Books) #111 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #872 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#)

## Customer Reviews

For the past 14 years an extremely close friend of mine has had many unexplainable symptoms (lack of smell, muscle cramping, choking, extreme abdominal pain with nausea after eating fiber or fat-rich foods, etc.) This November 2015 I noticed a resting tremor in the arm on his left side. This was the first time I suspected his issues were related to one disease which might be Parkinson's

Disease (PD). However, I still dismissed this possibility because tremors can be related to other medical issues (one of which is benign) and he has only had this tremor three times. Periodically over the past several months I noticed him walking slower, a frozen facial expression, and his right hand curled in front of him as if he had a stroke. On Dec 5, 2015 he really exhibited the slow walking, frozen face, and curled hand and he took forever to dress that morning. Later that evening I became certain (in my opinion) that he has PD due to his telling me about a change in his handwriting which I did not witness. Unfortunately, he refuses to go to the doctor or seek medical help from a neurologist even when I told him I believe he has PD. On extremely rare occasions he'll go to see a particular specialist for whatever ailment is almost killing him at the moment. As a result, since December 2015 I've completely immersed myself in learning about PD with some cursory investigation of illnesses that exhibit Parkinson-like symptoms because I wanted to be sure I was on the right track. Besides searching the Internet for information, I purchased seven (7) books on Parkinson's Disease (PD) of which this book is one.

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